

# NEW YOU

SUMMER

THE FUTURE OF BEAUTY AND ANTI-AGING

## 200+

### ANTI-AGING

*breakthroughs,  
boosts & mantras*

## LOOK & FEEL FAB!

• The sexy silhouette

#### VANQUISH YOUR FAT

Finally, a nonsurgical option for fat removal that delivers on all counts. **Vanquish** provides a "radio-frequency force field" over the treated area—medically referred to as deep-tissue heating—in a process that is proven to destroy fat cells. Deep-tissue heating uses radio-frequency energy, with little side effects other than mild redness and swelling. Special panels are placed around the treated areas, such as the waist, yet do not touch the skin. Sensors in the panels measure and target body fat, determining the amount of energy needed for the 30-minute treatment. Patients describe this as a warm sensation, akin to that created by a heating pad. A series of four treatments is said to result in a two-inch reduction in waist size on average. Vanquish will be available in dermatologist offices by Fall 2013.



## END STRESS

your  
simple  
path to  
peace

## PLUS

Suze Orman's  
dollars & sense

Kimberly Elise  
sheds her light

Natalie Cole  
hits the road

# *instinctive* Beauty

## HARON STONE

*re's a sexuality to having  
imperfections... It's sensual."*

